



Kyoshi John Leroux,
7th Degree Black Belt
And Sensei Nathalie Leroux

Invite you to
be part of our Karate Dojo
This Summer

**Contact the
World KarateFIT Centre
today: 613-248-BFIT**

Summer Camps

Week 1: July 6-10th
**Secrets of the Samurai and
Samurai-Ko** (includes Sword Training)

Week 2: July 13-17
XMA—Expression! Martial Arts Gym-
nastics and Acting Fun.

Week 3: July 20-24th
**Jedi Knights
Training Academy—Life Skills and
Weapons Training**

Week 4: Aug 4-7th (4days)
Super Kinder Kamp—Karate Training
for ages 5-7 (all day)

Week 5: Aug 10-14th
Intensive Karate –all ranks!
(Graduate a Higher Rank)

• **GET THE SUMMER EDGE.**

Channel Energy!

Have Fun!

Be Cool!

